



Grateful for Being Grateful

FR. JOSEPH JUKNIALIS

Here is a quick self-test: *Name three things in your life for which you are grateful.* Finished?

If you were able to name three things easily, your spirituality is probably in a good place. If you had difficulty, your spirituality may be in need of some work. Spiritual writers have long noted that living day by day with a sense of gratitude is one of the signs of holiness. Yet, a number of attitudes can get in the way of our being thankful. One is anger; it unsettles and focuses our attention on one issue, keeping us from seeing a bigger picture filled with blessings. Another is living with continual wanting; incessant desires for more prevent us from recognizing the beauty and goodness of what already is. Fear too keeps us from being grateful; it obliterates all the goodness that is present and focuses on an unknown and uncertain future that may never be.

Therapists have advised that, at the end of each day, people should take time to name three things that happened that day for which they are grateful, as doing so will often ease depression. Our religious tradition has been encouraging this for 2,000 years. Not all depression is due to life circumstances; some is the result of chemical or hormonal imbalances. But, if our sadness is the consequence of life events, naming three positive occurrences from each day not only brings a balance to our attitudes but also brings us to deeper faith, recognizing a power greater than ourselves at work in our lives. That power is God. ●

Reflect

*What are three reasons I have for gratitude?
What blessings do I forget?*

Jesus said...“Ten were cleansed, were they not? Where are the other nine? Has none but this foreigner returned to give thanks to God?”

LUKE 17:17-18



Paroisse de – St. Brieux – Parish**C.P./P.O. Box 370****St. Brieux, SK S0K 3V0**

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Email: st.brieux@padiocese.carparish.stbrieux@sasktel.netWebsite: stbrieuxparish.ca**Pastor****Rev. Tru Le**

Phone: 306-275-2043

Cell: 306-714-7717

Pastoral Council Chair

Janet Creurer 306-921-4147

Financial Chair

André Assié: 306-921-5402

Liturgical Chair

Darlyn Hunt: 306-921-6439

Knights of Columbus

Grand Knight:

Justin Assié: 306-921-3635

Parish Secretary/Treasurer

Janet Creurer 306-921-4147

Mary, Mother of God Parish**P.O. Box 830****Kinistino, SK S0J 1H0****LOCATION:****Kinistino Community Church****118 Kinistino Avenue****Kinistino, SK****Pastoral Council Chair**

Bradley Merkosky: 306-864-7814

Finance Chair

Mark Powalinsky: 306-864-2587

St. Brieux Parish Office Hours**Fr. Tru Le:** Is available all week with the exception of Monday - his day off.**Janet:** Office hours will vary. Text or call (306) 921-4147Bulletin and information is available on the website: stbrieuxparish.ca and our Facebook page: **St. Brieux Catholic Church.****St. Brieux Parish Mass Times:**

Tuesday-Friday: 9:00 a.m.

1st Friday of the month: Mass 9:00 am. Adoration to follow

Saturday: 7:00 p.m.

Sunday: 9:00 a.m.

Mary, Mother of God Parish Mass Time

Sunday: 4:00 p.m.

Reconciliation (St. Brieux):

Fr. Tru is available to hear Confession:

-Saturdays at 6:30 p.m. before 7:00 p.m. Mass

-The first Friday of the month during Adoration Hour

-Confession is available by appointment.

Grief Ministry

Someone is available for you and your family members to talk or just listen.....Call Fr. Tru Le at 306-714-7717

Pregnancy Crisis Line: 1-800-665-0570**Farm Crisis Line: 1-800-667-4442****Catholic Family Services: 1-877-922-3202**

for appointment

EVENTS THIS WEEK**Oct 14:** NO MASS - Father's Stat**Oct 14:** Finance Committee Meeting - 7:30 pm**Oct 15:** Adoration - 6:00 pm**Oct 15 to Oct 17:** Mass 9:00 am**Oct 16:** Alpha Program - 7:00**Oct 18:** Mass 7:00 pm - St. Brieux**Oct 19:** Mass 9:00 am - St. Brieux**Oct 19:** Mass 4:00 pm - Kinistino**Oct 19:** Confirmation Class following Mass**Oct 18 & 19:** Winter Clothing Exchange**UPCOMING EVENTS****Oct 21 to Oct 24:** Mass 9:00 am**Oct 23:** Alpha Program - 7:00**Oct 25:** DPC Meeting - Prince Albert**Oct 25:** Mass 7:00 pm - St. Brieux**Oct 26:** Mass 9:00 am - St. Brieux**Oct 26:** Mass 4:00 pm - Kinistino**Oct 26:** Confirmation Class following Mass**Oct 26:** Bishop's Annual Appeal Begins**Oct 25 & 26:** Winter Clothing Exchange**Oct 30:** Alpha Program - 7:00 pm**Nov 01: MASS TIMES CHANGE TO 10:00 AM**

"In your search for a closer union with God, you must allow yourself no slipping back."

- St. Albert the Great

Sunday, October 19th:	
Altar	Christine Bedard
Greeters & Gifts	Dale & Millie Weiman
Lay Leader/Prayers of Faithful	Dan Hunt
Lectors	Janet Creurer & Helen Pataueg
Communion - Bread & Cup	Ramona Assie, Marthe Rohel-Coquet, Celine Kleiboer
	Terry Valmont
Children's Liturgy	Irene Piatt
Counters	Cecile Boyd, Ann Gueguen
Altar Servers	Lucas, Kian, Antoni
Vocation Cross	Betty Mahussier

St. Brieux Parish Mass Intentions

Tues. Oct. 14	9:00 a.m.	NO MASS
Wed. Oct. 15	9:00 a.m.	+John Perrot by Roger & Janet Creurer
Thurs. Oct. 16	9:00 a.m.	+Mathieu Assie by Philip & Jeannette Mansier
Fri. Oct. 17	9:00 a.m.	+Roseann King by Percy King
Sat. Oct. 18	7:00 p.m.	+Brett Matisz by John Matisz
Sun. Oct. 19	9:00 a.m.	For all Parishioners

Mary, Mother of God Parish Mass Intentions

Sun. Oct. 19	4:00 p.m.	+Wm. Powalinsky Sr. by Mike & Elizabeth Rybinski
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Regular Collections

St. Brieux: (Includes Sunday Collection and Pre-Authorized Payments)

October 5th, 2025 - \$1,645.00

Mary, Mother of God:

October 5th, 2025 - \$320.00

Thank you!

Leaving a Legacy

REMEMBER YOUR CHURCH - By leaving a gift in your will or estate to St. Brieux Parish. The impact will be felt and remembered for generations. For more information, please contact the parish office at 306-275-2043

The Ill & Elderly ministry : Percy King. Marthe Rohel-Coquet accepted to continue this card ministry and would appreciate being informed of anyone who would be touched by receiving a card in the name of our St. Brieux Parish.

Pray It Forward Prayer Group:

To join this ministry, or have an Intercessory Prayer Request contact Terry Valmont by text or call at 306-920-8771. Prayer requests can be submitted either anonymously or with information.

Prayer for Priests

LORD, life up your holy priests, deacons and religious. Grant them the graces they need to minister to your people. Keep them pure and strong in your love. Give them courage when things are difficult, and accompany them when they are lonely. Strengthen them in times of weakness. AMEN

Men's Support Group

Wednesdays at 7:00 pm

Everyone Welcome to Attend

(In the meeting room at the Church)

Dear Padre,

Are people born with the Holy Spirit, or do they have to be baptized in order to receive the Holy Spirit? If we are not born with the Holy Spirit, is it just our conscience that is bothered when we are doing wrong?

Your question is suggesting that the Holy Spirit is “in” or “out.” St. Paul teaches us, “In him we live and move and have our being” (Acts 17:28). In other words, the Spirit of God is always with us, and we are dependent on that Spirit for life. There is no beginning and there is no end; the Spirit always was, and is, and will be.

The *Catechism of the Catholic Church* explains that “Conscience is a judgment of reason whereby the human person recognizes the moral quality of a concrete act that he is going to perform, is in the process of performing, or has already completed. In all he says and does, man is obliged to follow faithfully what he knows to be just and right” (1778). We have an obligation to form our consciences to know what is right and to help our children form theirs. It is with the cooperation of the Spirit that a “good conscience” is formed.

When we celebrate the sacraments, including the sacrament of baptism, we are confirming the life of the Spirit that is within us. We are acknowledging and proclaiming the abiding presence of the Spirit of God. ●

Fr. Thomas M. Santa, CSSR / DearPadre.org



DREAM PERFECTION / SHUTTERSTOCK

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

A WORD FROM POPE LEO XIV

The deepest purpose of the Church's social doctrine [is] a contribution to peace and dialogue in the service of building bridges of universal fraternity.... [T]he Risen Lord always goes before us, even at times when injustice and death seem to prevail. Let us...“build bridges through dialogue and encounter, joining together as one people, always at peace.”

ADDRESS, ROME, MAY 17, 2025

WIKICOMMONS



Monday

October 13

Weekday

Rom 1:1–7

Lk 11:29–32

Tuesday

October 14

Weekday

Rom 1:16–25

Lk 11:37–41

Wednesday

October 15

St. Teresa of Jesus,

Virgin and Doctor

of the Church

Rom 2:1–11

Lk 11:42–46

Thursday

October 16

Weekday

Rom 3:21–30

Lk 11:47–54

Friday

October 17

St. Ignatius of

Antioch, Bishop

and Martyr

Rom 4:1–8

Lk 12:1–7

Saturday

October 18

St. Luke, Evangelist

2 Tm 4:10–17b

Lk 10:1–9

Sunday

October 19

Twenty-ninth

Sunday in Ordinary

Time

Ex 17:8–13

2 Tm 3:14–4:2

Lk 18:1–8

Stewardship: October 12th - 28th Sunday in Ordinary Time

"Has none but this foreigner returned to give thanks to God?" LUKE 17:18

Most of us live relatively "easy" lives. We have food, shelter, clothing, and money. We go on vacation every year and own a car or two. Most of us take this all for granted. Did you ever notice that people with the least amount of possessions are usually the most grateful? Shouldn't this be the other way around? Take time every day and thank God for all He has given you and discern how He is calling you to share your gifts.

[www.https://resources.archstl.org/article/359120/stewardship-bulletin-inserts](https://resources.archstl.org/article/359120/stewardship-bulletin-inserts)

Vocation Corner: October 12th - 28th Sunday in Ordinary Time

A Vocation View: If faith can move mountains, it can remove hardness of heart. Faith does move mountains, so faith does remove hardness of heart. Pray for those who have hardened their heart to the call of God.

Prayer: For an increase in gratitude among God's people for the mercy shown them through the holy vocations to the priesthood and consecrated life in their midst, and that more men and women will faithfully respond to His call, we pray to the Lord.

Action: Say a word of gratitude to the saintly folks around you today—the moms and dads balancing family and work, the parish priests comforting those who mourn, the deacons ministering to the sick in hospitals, the religious sisters and brothers teaching and advocating for the poor, the spiritual writers offering enrichment to hungry souls--and everyone else in between.

A wealth of vocation information is available at usccb.org, the website of the US Bishops

Upcoming Events

Fall 2025 - DPC Meeting - October 25th

Bishop Stephen A. Hero and the Diocesan Pastoral Council Executive warmly invite all parishioners to a special day entitled **"NEW HEART WHOLE HEART"**. A parish-based resource exploring how life's painful experiences affect our mental health and spiritual well-being. Featured speakers include Bishop Stephen A. Hero, Mike Carotta, Deacon Eric & Melissa Gurash, and Callam & Laura Olver, who will share insights and stories of healing, hope and renewal.

Please join us on: **October 25, 2025**

9:00am to 3:30pm

Plaza 88, Prince Albert.

Join us in healing, reflection and renewal.

Come be inspired. All are welcome.

Register with your parish by October 17, 2025

Sponsored by the Bishop's Annual Appeal

ALPHA PROGRAM

STARTING THIS THURSDAY - OCTOBER 16TH - 7:00 pm

The “Alpha” program is a space to unpack the basics of the Christian faith together. No pressure. No judgement. Just open conversation. That’s it. Come along and see what you think. Invite your friends and family to join in too.

Meet new people - Watch a talk - Share your thoughts

Alpha will be held each Thursday evening at 7:00 pm

It’s not too late to register!

(There is a sign up sheet on the back table)



WINTER CLOTHING EXCHANGE



Clothing Exchange Dates:



October 18th & 19th and October 25th & 26th

(There are no specified times - come and go as you please.)

Please join us the 1st and 3rd Wednesday of each month at 6:00 pm for Adoration

The act of **adoration** deepens one’s personal relationship with Jesus, allowing us to spend time in His presence, reflect on His love and sacrifice, and experience spiritual renewal.

Bishop’s Annual Appeal begins October 26th, 2025

This year’s goal for St. Brioux Parish is \$15,382.00